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# Health Education

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## **P242 Health Education**

**LEVEL: 2,3,4**

One-half year

One-half unit

Health Education is a required course for graduation by the Illinois State Board of Education. The course provides students with current health information which reflects physical, mental, emotional, and social health and well-being. Emphasis is placed on the development of healthy lifestyles which will provide students with the opportunity to achieve their full potential as human beings. It is recommended that the course be taken during the sophomore year.

## **P372 Global Health Issues**

**LEVEL: 3,4**

One-half year

One-half unit

*PREREQUISITE: P242 Health Education*

Global Health Issues is an elective course which is offered to juniors and seniors. The course presents the analysis of current world health issues; an overview of healthcare career opportunities; and provides focus on world-wide consumer health concerns and health promotion