



Dear Parents,

Your son/daughter is scheduled to take Health Education during the 2013-2014 school year. Health Education is a mandated graduation requirement by the Illinois State Board of Education.

The unit topics that are included in the Health Education Curriculum are: Introduction to Health and Wellness, Mental and Emotional Health, Death Education, Human Growth and Development, Emergency First Aid and CPR, Nutrition and Fitness, Disease Education, Drug Education, and Environmental Health Issues in our society.

We feel that the greatest responsibility for discussion of these topics rests in the home, and we hope to supplement what has already been taught by the parents. The end result of good teaching of Health at home as well as in the classroom will help to develop individuals who have self-respect, respect for others, and a sense of moral responsibility to the community.

Please tear off the permission slip below and have your son/daughter return it to the Health Education instructor before the second day of class. Students are **required** to return the signed permission slip before the student can proceed in the course. Any parent wishing to review our materials, attend any of our classes or ask any questions regarding the Health Education Curriculum, please contact me at 847-755-4780.

Sincerely,

Kelli Carleton

Ms. Kelli Carleton
Health Education Department Chair
Schaumburg High School

_____ **YES** I give my permission for _____
to participate in all of the Health Education Units

_____ **NO** I withhold giving permission for _____
to participate in the following specified Health Education Unit.

_____ I understand that my son/daughter will be given an alternate class
Assignment to fulfill the Health Education requirement.
*(If "NO" is checked, a phone call to the Department Chair at 847-755-4780 will be necessary
to arrange for alternative assignments.)*

Parent Signature

Date